



Situation Report: Emergency Humanitarian Relief

Gaza Monthly Emergency Impact Report | October 1- 31, 2025



Highlights



Our **distributions** took place at **75 locations** with local partners.



Water, food, healthcare and firewood distribution were held across **Khan Yunis / Mawasi, Al-Wusta / Az-Zawaida, Gaza City, North Gaza, and Deir al-Balah.**



Our **multi-week food parcels** sustained displaced families with essential staples of **rice, lentils, flour, sugar, oil, and proteins.**



Gaza Humanitarian Relief

Total Beneficiaries: 121,376



HOT MEALS:
10,000 meals
were distributed,
reaching **20,000**
individuals



FOOD PACKAGES:
2,002 parcels
distributed, reaching
12,012 beneficiaries



CLEAN WATER DISTRIBUTION:
400,000 liters of safe
drinking water delivered
to **80,000 individuals**



HEALTHCARE ASSISTANCE:
364 patients
received medical
treatments



FIREWOOD DISTRIBUTION:
15,000 kilos
distributed, benefiting
9,000 individuals



Situation Update – Aid Challenges

As displaced families return to what remains of their homes or search for loved ones in the fragile aftermath of the ceasefire, the impact of two years of intense conflict is evident; over 70% of children are suffering from sleep disturbances and psychological distress. Shelter needs remain critical, with families in North Gaza risking their lives in damaged buildings. The United Nations has expressed grave concern that while aid is reaching families in the south, many in the north remain cut off from food and essential relief.

**ReliefWeb & UN News*

